

Sacred Heart February 2024 Bulletin



Sacred Heart Parish
525 Campbell Avenue
Vancouver, BC, V6A 3K5
Mass: Sunday at 9:30am

Contact information:
www.sacredheartvancouver.com

[m](mailto:Parish.shv@rcav.org)

Father Nestor Silva, o.m.i.
Parish.shv@rcav.org

St. Tekakwitha Centre
887 Keefer Street
Mass: Weekdays at 10am

St. Paul's Parish
381 East Cordova Street
Mass: Sunday at 11:30am

The month of February is traditionally dedicated to the Holy Family.

Between the events which marked Christmas and the beginning of Christ's public life the Church has seen fit to recall the example of the Holy Family for the emulation of the Christian family.

The Feast of the Presentation (February 2) or Candlemas forms a fitting transition from Christmas to Easter. The small Christ-Child is still in His Mother's arms, but already she is offering Him in sacrifice. February 13, Shrove Tuesday, will find us preparing for Ash Wednesday. The middle of the month will find us on Ash Wednesday (February 14) accepting the ashes that remind us of our mortality and our need for penance.

The Holy Father's Intentions for the Month of February

For the New Martyrs: We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

Source: [Catholic Culture](#)

Pope's Prayer for the Month of February

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.

Sacred Heart Mass Intentions for February 2024

- January 1st - For Ma. Consuelo, Vicente Garcia et al requested by Lurlene
- February 4th - Birthday of Sean Robbins requested by Lurlene Garcia
- February 10th - For Raymundo Arias Sr. requested by Tessie Chin/Ray Arias
- February 11th - For Vicente, Maria et al requested by Lurlene
- February 12th - For Rogelio Martin requested by Lurlene
- February 15th - For Benilda Teleron requested by Lurlene
- February 18th - For Gino & Teresa Pettovello requested by Sestilia Pettovello
- February 18th - For Attilio Chiminello requested by Anita Chiminello
- February 19th - Birthday Juliet Bathgate requested by Lurlene
- February 22nd - Birthday Coen Kiefer Baltazar requested by Lurlene
- February 24th - Birthday +Daniel Gerard Landigin requested by Tessie/Noel Landigin

Wonderful people to remember in your prayers:

Amelia & Pietro Morlin,
Anastasia Estropia & Family,
Angela Calogero, Angelina Ciotti,
Audrey Breaker, Darryl Halisky,
Francesco (Antonella's father),
George Macri, Irene Lapierre,
Iolanda Minicucci, Jacob Legoff,
James B., Lena Record, Maria Dos Santos,
Mateo Carelse-Borzell,
Mimi Yeung and her Mother,
Raymond LaBoucane, Tessie Chin's Husband,
the husband of Ursula, the family of Gloria,
the mother of Jim.

**Happy Birthday & Anniversary
to all celebrating a special day in
February!**

What Is Ash Wednesday?

Ash Wednesday is a Christian holy day of prayer, fasting, and repentance. It marks the beginning of Lent, a season of 40 days (excluding Sundays) leading up to Easter Sunday. The observance of Ash Wednesday is most common in the Western Christian tradition, including Roman Catholicism, Anglicanism, and some Protestant denominations.

A Prayer for Ash Wednesday:

Lord, Holy One, have mercy on us. We confess our sins to you. We have fallen short of your glory and without your mercy and grace, we would be dust. We repent now. Lord, as we enter this Lenten season, be near us. Help us, by your Holy Spirit, to feel the proper conviction and repentance for our sin. Help us, by your Spirit, to have the strength to overcome the enemy.

Thank you, Lord, that Easter is coming! Death has no sting, no victory, because of Jesus! Glory and honor and praise to His name! Thank you for rescuing us. Help us keep the weight and the joy of this season in our hearts as we move through the next several weeks. Help us bear the good fruit of your Spirit.

Thank you that the ashes on our forehead do not symbolize our ultimate reality. From dust, we might have been formed, but our bodies, our spirits, ourselves, await beautiful redemption and the restoration of all things. Help us long and look forward to that day, and let it come quickly, Lord Jesus. Amen.

Sacred Heart Parish News

- **Parish Council Meeting for February 11th at 10:30am in the St. Kateri Centre - Main Floor**
- **Sunday collections:**
 - December 3- \$1,080.00
 - December 10- \$585.00
 - December 17- \$1,888.00
 - December 24- \$1,065.00
 - December 25- \$2,915.00
 - December 31- \$925.00
 - January 1- \$675.00
 - January 7- \$880.00
 - January 14- \$1,270.00
- **Project Advance 2023**
 - Goal: \$2,400.00
 - Collected: \$3,550.00
 - Expenses: \$201.87
 - Rebate: 948.13
- **February 25th - Birthdays and Anniversaries Greetings/Blessing and Snacks will take place after mass.** Please sign up at the back of the church if you can bring something.
- **Any parishioner who would like donation envelopes,** please contact Father Nestor.
- If you wish to call Fr. Al staying in the OMI Pandosy House near St. Augustine Church, please call 778-868-7120.

Archdiocese News

February Events - To view more about these and many more upcoming events, visit beholdvancouver.org/events

- The Craft of Sprit: BC Liturgical Textiles exhibition, January 18 - March 31 at the Museum in the Italian Cultural Centre.
- [Making Sense of Counterwill](#) every Tuesdays, from January 23 to February 20, 7:30 p.m. to 9:30 p.m., via Zoom. Cost is \$25.
- [Spiritual Care Training Program](#) via Zoom every Thursday, from February 1 to March 21, from 1:30 p.m. to 4:00 p.m. Cost is \$30.
- The Great Divorce: A Book Study for Young Adults February 9 at 6:00 p.m. to 8:30 p.m. at the Vanspec Centre (2811 Venables Street, Vancouver).
- There will be a Vocation Live-In February 10 -11 at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email rector.minors@sck.ca
- Star of the Sea Parish's Centenary Celebration Dinner & Concert featuring Fr. Rob Galea, February 17, from 6:30 p.m. to 10:00 p.m. at Star of the Sea Parish Centre Hall in White Rock. Cost is \$35. **Registration deadline: February 9.** Register by calling the Star of the Sea Parish Office at 604-531-5739.
- Archbishop Miller, CSB, will celebrate Mass for World Day of the Sick on February 10, at 11:00 a.m. at Our Lady of Sorrows Parish (555 Slocan St. Vancouver). Reception to follow. To learn more, visit chabc.rcav.org/wds2024.
- [The Spiritual Exercises in Daily Life Retreat for Young Adults](#) is two essential parts, and will start on Tuesday, May 7. Application fee is \$100, with bursaries available. **Registration deadline: Thursday, February 15.**
- [Weekend Getaway Marriage Conference](#) February 16-18, at the Fairmont Empress in Victoria. Use promo code RCAVIC to register for \$199. **Registration deadline February 14, 2024.** For more information call Joyce 604-683-0281 ext. 223 or visit the website.
- Identity Course by Life Restoration Ministries Starting February 21, you can embark on a three-part journey that will guide you deeper into your true identity. Enroll today liferestoration.ca/identity-course.
- [Momentum Single Mothers](#) Lunch, February 24, 12:30 p.m. to 2:30 p.m. at Corpus Christi Parish in Vancouver. Lunch and childcare will be provided.
- Grief to Grace Healing Retreat May 14 to May 18. Due to the confidentiality and sensitivity of this retreat, the exact address will only be shared to those who register. For more information, please email griegtograncelowna@gmail.com or make a confidential phone call to 250-808-6403. Register at griegtograncelowna.com.
- [40 Days for Life: Nightly Rosary](#), The Lenten campaign includes a nightly rosary at 8:00 p.m. on Zoom to pray together for an end to the injustice of abortion, starting on Ash Wednesday, February 14, until Palm Sunday, March 24.
- If you want to support a community filled with love and support, you are invited to join the efforts of the below volunteering opportunities.
 - Sancta Maria House a Healing/Recovery Home for women is inviting female volunteers to assist with household management, arts and crafts, social activities and gardening. (email to sanctamariahhouse@agapestreetministry.org)
 - Agape Street Ministry is calling on compassionate individuals to make a difference in the lives of the working women on the streets by telling them "Jesus loves them". (Email to info@agapestreetministry.org)

Masses and Prayer Sessions

Sundays at 11am pray with the Legion of Mary at Kateri Centre basement.

Sacrament of Reconciliation: 30 minutes before Mass.

Monday to Friday masses (10am) and Saturday (4:30pm) in St. Kateri Centre Chapel (in the Basement Room).

The Lay Carmelites 3rd Order Mass first Saturday of every month in St. Kateri Centre Chapel (in the Basement Room)

Every Wednesday after 10am Mass, we will have a very informal gathering for a little sharing of reflections on the reading or any other topic of interest along with snacks (please bring a little snack that you wish to share).

Friday after the 10am Mass - 1st Friday a Holy Hour with Benediction, all other Fridays the Stations of the Cross.

Blessing "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." (*Isaiah 41:10*)