

March 2023



Sacred Heart Parish
525 Campbell Avenue
Vancouver, BC
V6A 3K5
Mass: Sunday at 9:30am

Contact information:
www.sacredheartvancouver.com
Father Nestor Silva, o.m.i.
Parish.shv@rcav.org

St. Tekakwitha Centre: 887 Keefer Street
Mass: Weekdays at 10am
St. Paul's Parish: 381 East Cordova Street
Mass: Sunday at 11:30am

The month of March is dedicated to St. Joseph.

The Solemnity of St. Joseph (March 20, normally on March 19) is a special landmark this month in which we celebrate the great honor bestowed upon the foster father of Jesus. Also, the Solemnity of the Annunciation (March 25) when we ponder Our Lady's fiat. And if you are Irish (who isn't), St. Patrick's feast is another cause for a joyful celebration.

Highlights of the Month

As we continue our journey "up to Jerusalem" during the month of March, three prominent ideas are proposed for our contemplation by the liturgy of Lent: the Passion and Resurrection of Christ, baptism, and penance.

The entire month of March falls during the liturgical season of Lent which is represented by the liturgical color violet or purple — a symbol of penance, mortification, and the sorrow of a contrite heart. All saint days that are usually Memorials are shifted to Optional Memorials during the season of Lent.

Wonderful people to remember in your prayers:

Amelia & Pietro Morlin, Anastasia Estropia & Family, Angela Calogero, Angelina Ciotti, Audrey Breaker, Darryl Halisky, Francesco (Antonella's father), George Macri, Irene Lapierre, Iolanda Minicucci, Jacob Legoff, James B., Lena Record, Maria Dos Santos, Mateo Carelse-Borzal, Mimi Yeung and her Mother, Raymond LaBoucane, Tessie Chin's Husband, the husband of Ursula, the family of Gloria, the mother of Jim

Happy Birthday to all with a birthday in March!

March 26th, we will celebrate all the March birthdays and anniversaries at the end of Mass.

Lenten Reflection

The Fast Life

Fast from judging others;
Feast on Christ dwelling in them.
Fast from fear of illness;
Feast on the healing power of God.
Fast from words that pollute;
Feast on speech that purifies.
Fast from discontent;
Feast on gratitude.
Fast from anger;
Feast on patience.
Fast from pessimism;
Feast on hope.
Fast from negatives;
Feast on encouragement.
Fast from bitterness;
Feast on forgiveness.
Fast from self-concern;
Feast on compassion.
Fast from suspicion;
Feast on truth.
Fast from gossip;
Feast on purposeful silence.
Fast from problems that overwhelm;
Feast on prayer that sustains.
Fast from anxiety;
Feast on faith.

- Author Unknown

Mass Intentions for March 2023

Sacred Heart Church

1st - Cricepcion Peralta & Mary Jane Patacsil requested by Lurlene Garcia - Birthday
2nd - Mario Isic - Special Intention
3rd - Georgiana Tubola - Deceased
4th - Bernard Baltazar – Special Intention
5th - Rino & Fernanda Caverzan requested by Morlin Family - Deceased
6th - John Steven requested by Lurlene Garcia - Special Intention
7th - Juliet Bathgate - Special Intention
8th - Regina Baltazar - Special Intention
9th - Coen Kiefer Baltazar - Special Intention
10th - Andrew Bathgate - Special Intention
11th - Kira Jakusovszky - Special Intention
12th - Maria Consuelo Garcia & Vicente P. Garcia - Deceased
13th - Rogelio Martin - Deceased
14th Honor of St. Peregrine requested by Gloria Boner
15th - Howard Jones - Deceased
16,17,18 - Aurora Santos - Deceased
19th - Alfonso & Giuseppina Caverzan requested by Morlin Family - Deceased
20th - Edgardo Baltazar requested by Lurlene Garcia - Deceased
28th - Raymond Bathgate - Deceased
29th - Cassandra Tubola - Birthday
March 21-27th & 30-31st – Joe (Husband) & Members of the Family requested by Dinka (Wife) - Deceased

All Masses will be for the Intention of the People of God, unless otherwise indicated in the above.

Every Sunday at 11am you are welcome to pray with the Legion of Mary in St. Kateri Tekakwitha Centre basement.

Sacrament of Reconciliation: 30 minutes before Mass.

1st Friday – Adoration of the Blessed Sacrament after the 10am Mass

Other Fridays – Stations of the Cross after the 10am Mass

Sacred Heart Parish News

- **March 12th** - Monthly Parish Council Meeting after the 9:30am Mass.
- **March 13th & April 3rd** – Pray for our past parishioner & seminarian, Luis Esquivel, as he prepares for priesthood.
- **March 26th** - Parish Lenten Recollection 2023
 - 10:30am-11am Please bring snack food that you can share.
 - 11am-11:45am Lenten Recollection Talk (Fr. Nestor)
 - 11:45am-12pm Break
 - 12pm-12:15pm Examination of Conscience
 - 12:15pm-12:55pm Sacrament of Reconciliation
 - 12:55pm-1pm Closing Prayer



Job Posting - Part Time Position

Parish Book-Keeper / Administrative Assistant

Duties include:

1. Knowledge of QuickBooks accounting program for financial statements.
2. Knowledge of Paritek for entering parishioners Church offerings (training provided if required).
3. Paying suppliers invoices (manual cheques).
4. Counting weekly church offerings (with another person) and making weekly bank deposits.
5. Assisting Pastor with office duties.

The work is part-time, up to 25 hours a month, good hourly rate paid.

The successful candidate will have good interpersonal skills. Police criminal record check will be required.

Please respond with resume to: Fr Nestor Silva, OMI, Pastor. Send resume to: parish.shv@rcav.org

Archdiocese News

March 2023 Events

- March 3rd - From Panama to Portugal: A World Youth Day Pilgrim Session
 - March 4th & 7th - Lenten Retreats
 - March 9th to April 20th (Thursday's) – Bereavement Training Program
 - March 11th - Heroic Men® Summit: Rising From Ashes & Share Lent Workshop: Stand for the Land & Catholic Social Teaching workshops
 - March 12th St. Elisabeth Convent in Minsk, Belarus will be at the back of the church selling religious items to support an orphanage for children with mental and physical disabilities and a rehabilitation centre and a shelter for the homeless.
 - March 22nd – Session 3: A Dialogue on Faith and Mental Health
 - March 28th - Spiritual Care Training Program
- To view more about these and upcoming events, visit beholdvancouver.org/events.

Support for Displaced Ukrainians Settling in the Lower Mainland

Please help Holy Eucharist Ukrainian Catholic Cathedral settle displaced Ukrainians in the Lower Mainland. They are in dire need of accommodations, cash donations, grocery store gift cards, compass cards for bus rides, used computers/laptops and used cell phones/ SIM cards

Arrange to drop off donations at the nearest Ukrainian Catholic Church or contact: uahelp.ca

Irish Blessing

May the road rise up to meet you, may the wind be always at your back, may the sun shine warm on your face, the rains fall soft upon your fields and, until we meet again, may God hold you in the palm of his hand.