

Sacred Heart April 2024 Bulletin



Sacred Heart Parish
525 Campbell Avenue
Vancouver, BC, V6A 3K5
Mass: Sunday at 9:30am

Contact information:
www.sacredheartvancouver.com

Father Nestor Silva, o.m.i.
Parish.shv@rcav.org

St. Tekakwitha Centre
887 Keefer Street
Mass: Weekdays at 10am

St. Paul's Parish
381 East Cordova Street
Mass: Sunday at 11:30am

The month of April is dedicated to The Holy Spirit

As our Lenten journey comes to a close, we prepare to follow Christ all the way to the cross and to witness His glorious Resurrection. Hopefully we have sacrificed and prayed so that we are now able to more fully reap the fruits of a well spent Lent. After our solemn commemoration of the last days and death of Our Lord we will spend the remainder of the month of April celebrating. As Spring breaks forth even nature will join us as buds and blooms begin to surface and we spend this month basking in the joy of the Resurrection. We continue throughout the entire month our cry, "Christ is risen, Christ is truly risen."

The Feast of Divine Mercy offers us the opportunity to begin again as though we were newly baptized. The unfathomable mercy of God is made manifest today if we but accept His most gracious offer. Easter is the feast of feasts, the unalloyed joy and gladness of all Christians. This truly is "the day that the Lord has made." From Sunday to Sunday, from year to year, the Easters of this earth will lead us to that blessed day on which Christ has promised that He will come again with glory to take us with Him into the kingdom of His Father.

The Holy Father's Intentions for the Month of April 2024

For the role of women: We pray that the dignity and immense value of women be recognized in every culture, and for the end of discrimination that they experience in different parts of the world.

Source: Catholic Culture

Sacred Heart Mass Intentions for April 2024

- April 2- Birthday Cynthis Bathgate requested by Lurlene
- April 7- For Giuseppina Bresciani requested by Ella Pulcianni (Sacred Heart)
- April 7 – For Vicente, Georgianna, Rogelio et al requested by Lurlene (Saint Paul)
- April 17 - Birthday Anthony Grape
- April 8 to 12 – For Joe Malatestinic & Relatives requested by Dinka Malatestinic
- April 15 to 19 – For Joe Malatestinic & Relatives requested by Dinka

Wonderful people to remember in your prayers:

Amelia & Pietro Morlin, Anastasia Estropia & Family, Angela Calogero, Angelina Ciotti, Audrey Breaker, Darryl Halisky, Francesco (Antonella's father), George Macri, Irene Lapierre, Iolanda Minicucci, Jacob Legoff, James B., Lena Record, Maria Dos Santos, Mateo Carelse-Borzel, Mimi Yeung and her Mother, Raymond LaBoucane, Tessie Chin's Husband, the husband of Ursula, the family of Gloria, the mother of Jim.

Happy Birthday & Anniversary to all celebrating a special day in April!

A Time of New Life

April boasts the most solemn and sublime events of human history: the Passion, Death, and Resurrection of Jesus Christ – the Paschal mystery. Though the way to the Resurrection was the Via Crucis, the Sacrificial Lamb of God is now and forever Christ our Light, the Eternal high priest of the New Covenant. And his sorrowful mother, the Stabat Mater of Good Friday, is now the jubilant Mother of the Regina Caeli.



We the members of Christ's Mystical Body exalt in the mystery by which we were redeemed. If in Baptism we were buried with Christ, so also will we share in his resurrection. By his stripes we were healed." (Is 53:5) Easter, the epicenter of time, is the event that links time and eternity. It is indeed "the day the Lord has made; let us be glad and rejoice in it." (Ps 118:24)

Source: Catholic Culture

Catholic Recipe: Paasbrod (Dutch Easter Bread)

DIRECTIONS

1. Warm the milk to blood heat (body temperature) and add the yeast and the sugar.
2. Sieve the flour and the spice into a bowl and add the yeast mixture. Mix together to form a dough, cover and leave to rise for 30 minutes.
3. Gradually work in the fruit and the melted butter.
4. Knead on a floured surface and roll out to an oblong 10 x 5 in./25 x 13 cm.
5. Mix the almond paste ingredients to form a firm paste. Roll this into a long sausage-shape and place on the rolled-out dough.
6. Roll the dough round the almond paste forming the join at the bottom. Glaze with milk and put on a greased baking tray. Allow to rise until doubled in size.
7. Bake in oven at 400 degrees for 10 minutes, then 325 degrees for a further 45 minutes or until evenly golden brown.
8. Allow to cool and serve sliced with plenty of butter.

Recipe Source: *Feasting for Festivals* by Jan Wilson, Lion Publishing Corporation, Batavia, Illinois, 1990

INGREDIENTS

2 tsp dried yeast
1/2 tsp sugar
1 cup milk
1 tsp mixed spice (pumpkin spice)
1 cup currants (or raisins) and sultanas (golden raisins)
1 tbsp chopped candied peel
1 tbsp melted butter
3 cups flour

Almond Paste:

1/3 cup ground almonds
1/3 cup castor (table) sugar
1 egg yolk
1 tsp lemon juice

DETAILS

Yield: 1 loaf Prep Time: 2 1/2 hours
Difficulty: ★★☆☆ Cost: ★★☆☆



Sacred Heart Parish News

- **Parish Council Meeting for April 14th at 10:30am in the St. Kateri Centre**
- **Sunday collections:**
 - March 3 - \$755.00
 - March 10 - \$790.00
 - March 17 - \$961.00
- **April 7th - Birthdays and Anniversaries Greetings/Blessing and Snacks will take place after mass.** Please consider bringing something.
- **Any parishioner who would like donation envelopes,** please contact Father Nestor. Also please confirm your address and telephone number are up to date.
- If you wish to call Fr. Al staying in the OMI Padosy House near St. Augustine Church, please call 778-868-7120.
- **Sanctuary Mental Health Ministries** is conducting a research survey that explores the experiences of Canadian congregants living with mental health challenges, attitudes towards and beliefs about mental illness and mental health challenges in Canadian churches, and the congregational supports and resources related to supporting mental health and wellbeing. The link to the survey is <https://ca1se.voxco.com/SE/90/SMHM/>.
- **Easter Lillies** – Thank you for helping with the Easter preparations. Lillies in the church were purchased to remember the following. Ramon Benedetti, Jersey Lee & Jean Salsman, Muzzin Family, Berndt Family, Guolo Family, Nora Trevisan & Family, Pettovello Family, Coi Family, Iolanda Presacco, Marian & Gilvy Fernando, Morlin Family, Caverzan Family,

Archdiocese News

- April Events** - To view more about these and many more upcoming events, visit beholdvancouver.org/events
- Archbishop Miller's Easter Message rcav.org/announcements
 - Applications Open: Youth Ministry Leadership Bursary - Learn more and apply at rcav.org/youth-ministry.
 - Indigenous Pastoral and Lay Leader Ministry Education - Tuesdays, from April 2 to May 28, from 3:15 p.m. to 4:30 p.m. Cost is \$200. No prerequisite required. Learn more and register via beholdvancouver.org/events
 - Weekend Getaway Marriage Conference - The next getaway is on the weekend of April 5-7, 2024, at the Penticton Lakeside Resort. The fee is usually \$299. Use promo code RCAVPEN to register for \$199. Accommodations booked separately. Registration deadline: Wednesday, April 3. For more information, please call Joyce at 604-683-0281 ext. 223 or visit beholdvancouver.org/events.
 - Estate and Memorial Planning Webinar - Next session is on Thursday, April 4, at 11:00 a.m. via Zoom. Learn more and register at rccav.org/events
 - Save 20% on Sacred Burial Space - Spring Open House - Learn more at rccav.org/event
 - Pro-Life Mass and Prayer Vigil - April 6, 8:30 a.m. at Holy Trinity Parish in North Vancouver. Learn more at beholdvancouver.org/events
 - International Pilgrim Virgin Statue of Fatima Tour - Immaculate Conception's April 8, 8:30 a.m.-8:00 p.m. [Poster](#); Our Lady of Fatima's April 14, 8:15 a.m.-5:00 p.m. [Poster](#)
 - A Compassionate Approach to Infertility - On April 10 & 17, 7:00 p.m. via Zoom. Learn more and register at beholdvancouver.org/events.
 - Save the date for the upcoming March4life in Victoria, BC on Thursday, May 9th. . It will be a full day, beginning with Mass at Sacred Heart Parish, Delta (3900 Arthur Drive, Delta) with Mass at 9:15 - Archbishop Miller presiding. From there, we will catch the 11:00 am ferry to Victoria, where we will participate in the March and return on the 5:00 pm ferry. We have an exciting lineup of speakers at this year's event. See Father Nester for details.
 - 9th Annual Gala Redemptoris Mater Seminary of Vancouver - May 10, 6:00 p.m. at the Italian Cultural Centre in Vancouver. Cost is \$130. Learn more and buy tickets via beholdvancouver.org/events.
 - [Official Enshrinement of San Pedro Calungsod](#) - On Friday, April 19, 6:00 p.m. at St. Monica's Parish in Richmond.
 - Marriage Anniversary Mass 2024 - Sunday, May 12, Archbishop Michael Miller, CSB will be honouring couples celebrating milestone marriage anniversaries: five-year increments from 5 to 60 years, and every year beyond 60 years. The Marriage Anniversary Mass will be at Our Lady of the Assumption Parish in Port Coquitlam at 1:30 p.m. Registrations received by Friday, April 19, will receive their certificate at the Mass. Learn more and register at family.rcav.org/mam.
 - Grief to Grace Healing Retreat May 14 to May 18. Due to the confidentiality and sensitivity of this retreat, the exact address will only be shared to those who register. For more information, please email griegtogracekelowna@gmail.com or make a confidential phone call to 250-808-6403. Register at griegtograce.org.
 - Rachel's Vineyard Retreat - Next retreat is on May 24-26. For confidential information, call 604-525-0999. Email: info@pacscanada.org.
 - [Hope on the Horizon Summer Outreach program](#) is an incredible opportunity for young Catholics aged 19 to 30 to answer the call of Christ and serve the homeless with compassion. August 6 to August 21, 2024. Registration deadline: Tuesday, April 30.
 - Save the Date: Archdiocesan Mass for Civilly Married Couples - Saturday, September 21, 1:30 p.m. at St. Paul's Parish in Richmond. For more information, please contact Deacon Raul Abella at rabella@rcav.org or 778-512-9163. Registration Deadline: Sunday, July 21.

Masses and Prayer Sessions

Sundays at 11am pray with the Legion of Mary at Kateri Centre basement.

Sacrament of Reconciliation: 30 minutes before Mass.

Monday to Friday masses (10am) and Saturday (4:30pm) in St. Kateri Centre Chapel (in the Basement Room).

The Lay Carmelites 3rd Order Mass, first Saturday of every month in St. Kateri Centre Chapel (in the Basement Room)

Every Wednesday after 10am Mass, we will have a very informal gathering for a little sharing of reflections on the reading or any other topic of interest along with snacks (please bring a little snack that you wish to share).

Friday after the 10am Mass - 1st Friday, a Holy Hour with Benediction; all other Fridays, the Stations of the Cross.

"Think of what is above, not of what is on earth." -Colossians 3:22

On this day we thank God for His Son, Jesus, who died, rose and opened the gates of heaven for us. We celebrate and sing, "Alleluia!" Let's try to keep the joy of this Easter season in our hearts throughout the year! Pray daily and listen for how God is calling each of us to joyfully use our gifts to fulfill His salvation plan. Copyright © 2024 Archdiocese of St. Louis